

# OUTCOMES

THE E-NEWSLETTER OF  
DOCTORS OF NURSING PRACTICE, INC.



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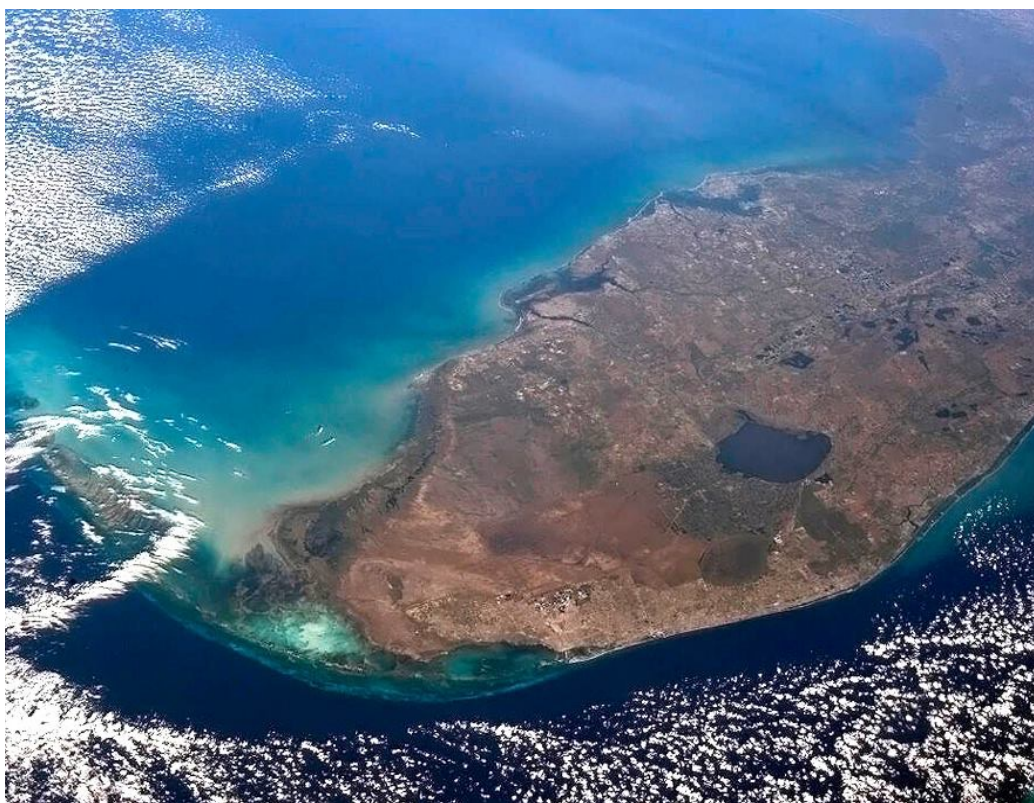
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**2019 12th National Conference Washington, DC**

**2019 Twelfth National  
Doctors of Nursing Practice Conference:  
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# Health Promotion in a Rural Community



**Greshin Markwell MSN, RN**  
**DNP Student**  
**Eastern Kentucky University**

As a DNP student I feel health promotion and disease prevention are very important aspects in today's healthcare, especially in rural settings. Health promotion has been defined as the process of enabling people to increase control over their health and improve it (Institute of Medicine, 2011). In rural areas, I observe as a nurse there to be a higher prevalence in chronic conditions, mortality, and disability. One of the main reasons for this is limited access to health promotion activities, disregard for importance of disease prevention. Rural populations show higher incidence of disease in several areas including heart disease, respiratory disease, disability associated with chronic health conditions, and obesity (Zuniga, 2003).

The American Association of Colleges of Nursing DNP Essentials articulate the importance of population health. In caring for rural populations, part of our job is to advocate for prevention, screen effectively, and educate our patients about their disease process. At all levels of prevention, we must engage them in self-care and self-management. This can be achieved by a community approach or at the individual level. Specific social determinants

that are barriers for rural communities include poverty, lower educational attainment, and access to transportation. Ultimately, the responsibility to live a healthier lifestyle lies in the hands of individuals. But nurses can help to educate, inform, and support those who are willing to take the next steps toward achieving healthier lifestyles for themselves. When patients understand the risks of certain lifestyle choices, they have the ability to start making changes and different choices (Zuniga, 2003).

Again, as a DNP student, I feel that I have an ability to lead this type of change in my rural community. I possess the advanced knowledge to make changes and to evaluate the impact of these changes. I am developing my ability to translate best practices into the care environments and provide cost-saving solutions to patient care challenges while maintaining or improving patient outcomes. Likewise, other DNP graduates also practice experience, leadership skills, and knowledge regarding research and evidence-based practice, which allows them to be powerful advocates for healthcare policies (Institute of Medicine, 2011). To ensure success, our work should begin at the community level with intervention, education, and support. I am excited to lead health promotion efforts in my rural community.

## References

- Institute of Medicine (US) Committee on the Robert Wood Johnson Foundation Initiative on the Future of Nursing, at the Institute of Medicine. (2011). *The future of nursing: Leading change, advancing health*. Retrieved from <https://www.ncbi.nlm.nih.gov/books/NBK209871>
- Zuniga, M. A. (2003). Chronic disease management in rural areas. Retrieved, from <https://www.ruralhealthresearch.org/projects/284>

## Caring for Self, Caring for All



**Kathleen Sitzman**  
PhD, RN, CNE, ANEF, FAAN

There is a FREE and OPEN online Caring Sciences web site that offers courses and training to help participants learn ways to convey and sustain caring for self and other. These services are available online and face-to-face if desired.

Our colleague, **Kathleen Sitzman**, PhD, RN, CNE, ANEF, FAAN is the creator of this service. The courses are based on Jean Watson's Human Caring Theory in nursing. So far 4,000 people from all over the world have registered for these courses and training. Most of the participants are nurses, yet there is a vast array of professionals outside of healthcare that complete the training. An increased focus on caring in the workplace transcends disciplinary boundaries.

People who compete the courses and trainings receive a certificate of completion. If you are interested in learning more about what it means to care about yourself, colleagues, and others at work, please join this global caring community of like-minded people.

Visit [CaringScienceMindfulPractice.com](http://CaringScienceMindfulPractice.com) today!

## The Future of Nursing 2020-2030

*A Consensus Study from the National Academy of Medicine*



Town Hall Meetings are scheduled for Friday, June 7, 2019; Wednesday, July 24, 2019, and Wednesday, August 7, 2019.

Click [HERE](#) for more information and to register to attend in person or via Webinar. It's free and open to all interested.

## 2019 DNP Conference Featured Speakers



**Shannon Idzik, DNP, ANP**

*2019 Plenary Speaker*

**Associate Dean DNP Program**

**University of Maryland School of Nursing**



Dr. Idzik is an Associate Professor at the University of Maryland School of Nursing. She is currently the Associate Dean of the DNP program. She has been on faculty since 2005 has served as the program director for the Adult Gero NP program and then the Director of the DNP program. She maintains a faculty practice as a nurse practitioner in the University of Maryland Upper Chesapeake Medical Center in the Comprehensive CARE Center. She is active in the professional community, serving as a Collegiate Commission on Nursing Education (CCNE) site evaluator and the nurse from practitioner represented to the regional health information exchange, CRIPS. She has served as an appointed member of Maryland Health Services Cost Review Commission Physician Alignment and Engagement workgroup and led recommendation #1 to remove scope of practice barriers for advanced practice nurses on the Maryland Action Coalition on the Future of Nursing for more than five years. Dr. Idzik was recently elected as the Treasurer of the National Organization of Nurse Practitioner Faculties. She is a recent past president of the Nurse Practitioner Association of Maryland (NPAM). She was awarded AANP State Award for Excellence in 2012, was selected as a Fellow of the American Academy of Nurse Practitioners in 2014 and the NONPF policy award in 2015. Dr Idzik was a member of the AACN Task Force on Implementation of the DNP and served on the planning committee for the DNP conference in Baltimore in 2016.



**Suzanne Miyamoto, PhD, RN**

*2019 Keynote Speaker*

**Chief Executive Officer**

**American Academy of Nursing**

Dr. Miyamoto is a 2014 Robert Wood Johnson Foundation Executive Nurse Fellow and has been an adjunct assistant professor at Georgetown University, School of Nursing and Health Studies as well as at the University of Maryland, School of Nursing and lecturer at Johns Hopkins University, School of Nursing. Additionally, she is a member of the Editorial Board for the journal Policy, Politics & Nursing Practice. Previously, she held policy positions at the state and federal level with the National Institutes of Health, the State Commission on Patient Safety for the Michigan Health and Safety Coalition, and former United States Congressman Joseph Knollenberg.

Dr. Miyamoto received her Bachelor of Science in Nursing, Bachelor of Arts in Psychology, Master of Science in Nursing, and Doctorate of Philosophy in Nursing from the University of Michigan, Ann Arbor. Inducted as a fellow of the Academy in 2015, she is also a member of Sigma Theta Tau International, Women in Government Relations, Academy Health, the American Organization of Nurse Executives, and the American Nurses Association.





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## If I Only Knew Then



**Patrice Little, DNP, FNP-BC**  
**Editor-In-Chief at**  
**NP Student Magazine**

If I only knew then that interviewing a prospective employer is just as important them interviewing you.

How did I come to this conclusion?

After graduation, I took a break to prepare for the birth of my son. Then, I returned to work for another six months as an RN and continued interviewing with prospective employers who were all looking for “experienced” NPs. Really? How can I get experience if no one gives it to me?

And so, I began my NP career with the help of locum tenens which allowed me to explore various opportunities without a long-term commitment. Of course, I was hesitant about this approach because most would assume that only competent NPs would be suitable for this venture. However, I was confident in my performance as, Patricia Brenner would call it, “an advanced beginner.”

With locums, I enjoyed the autonomy in making my own schedule, meeting different people, and the luxury of trying different areas without the horrible feeling of wasting a company’s time. I started with being open to opportunities that would give me the experience I needed in order to be selective for future positions. This was a win-win.

After locums, my journey encompassed companies that paid top dollar for NPs in exchange for fraudulent billing activities, companies that underpaid NPs as a more economical route for a provider’s role, and companies that hired NPs for RN roles. The frustration of not finding a good fit turned into the habit of requesting to tour facilities and speak with current employees about how they viewed the company. Yes! This was bold but I had to be intentional with every prospective employer to make an informed decision.

My theory is that turnovers are also attributed to employees not interviewing the employer. This leads to discovering a position or the company was a poor fit late in the game. This practice often leads to starting and quitting within a few weeks. Many companies are known for scheduling a work test, asking for three references, and doing a background check. I suggest that we should invest in researching them too.

Here are the five steps I use for interviewing a prospective employer:

[CLICK HERE](#) to read more.

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# Proud to Highlight!

MedStar Washington Hospital Center has created a Doctoral Nurses Collaborative to provide a network to support growth and development of nursing evidence-based practice, research, scholarship and advanced clinical practice.

This is a great opportunity. We look forward to hearing great thing from this collaborative.

[CLICK HERE](#) for more information.



# Career Listings

**Pace University College of Health Professions**

**Pace University College of Health Professions**

**2019 Full-time Graduate Nursing Faculty Positions**

**Georgia Southern University**

**Psychiatric Mental Health Nurse Practitioner**

**(Assistant Professor of Nursing)**

[CLICK HERE](#) TO VIEW THE FULL DETAILS





# OUR DOCTORS ARE SOME OF THE BEST NURSES AROUND.

The University of Maryland School of Nursing's Doctor of Nursing Practice program and six of its specialties are ranked in the top 10 nationwide by *U.S. News & World Report*.

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- Adult-Gerontology Primary Care Nurse Practitioner
- Family Nurse Practitioner
- Neonatal Nurse Practitioner
- Nurse Anesthesia
- Pediatric Acute Care Nurse Practitioner
- Pediatric Primary Care Nurse Practitioner
- Psychiatric Mental Health Nurse Practitioner – Family



*We have exceeded the goals set by AACN and NONPF to offer nurse practitioner education through the DNP only.*

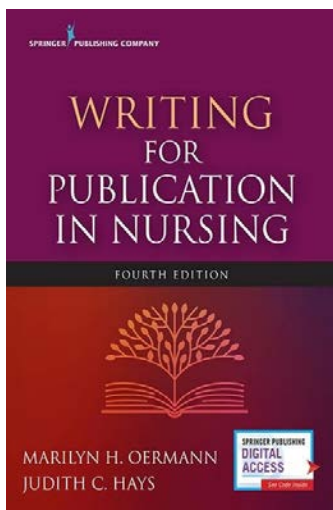
*We are seeking faculty at all levels to join our team of accomplished professionals committed to preparing nurses to excel in the field. Learn more at [nursing.umaryland.edu/hr](https://nursing.umaryland.edu/hr).*

**LEARN MORE ABOUT THE PROGRAM: [nursing.umaryland.edu/dnp](https://nursing.umaryland.edu/dnp)**

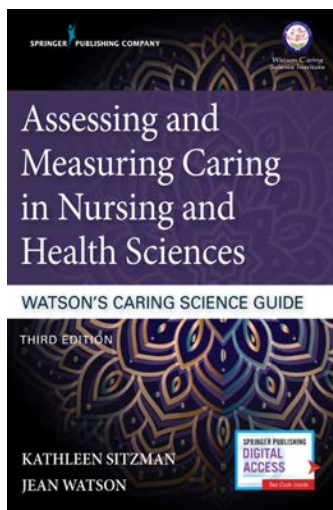
**[CLICK HERE](#) FOR MORE INFORMATION ABOUT THE UMSOON DNP PROGRAM**

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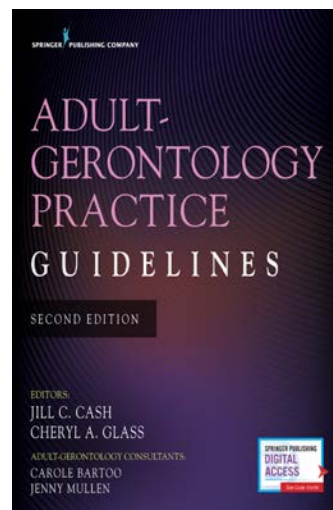
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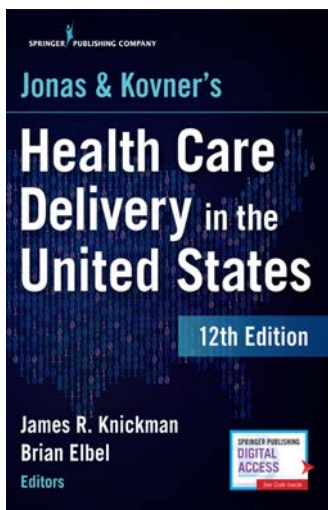
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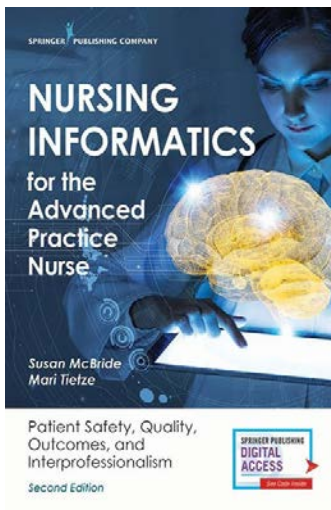
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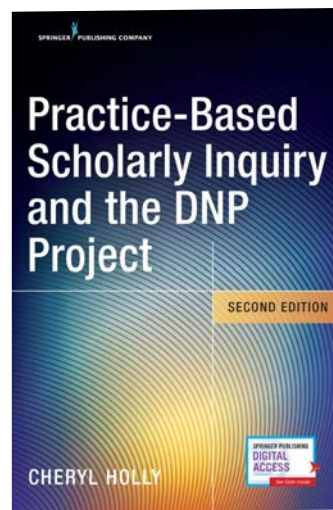
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**NEW FROM  
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**DOCTORAL PROJECT REPOSITORY**

Project Submission  Project Repository

- *Showcase DNP practice projects to share outcomes with colleagues and consumers.*
- *Educate patients, organizations and health care systems on the contributions of the DNP prepared nursing professional.*
- *Support DNP educational programs and practice partners to demonstrate the influence of the DNP prepared nurse.*
- *One time charge per student listing of \$30 to defray cost of repository development and maintenance.*



**CLICK HERE  
FOR MORE  
INFORMATION**

# DNP, INC. REPOSITORY FEATURED PROJECTS

## DOCTORAL PROJECT REPOSITORY

**Project  
Submission**



**Project  
Repository**



### *Dissemination Team Information*

Welcome [San Jose State University](#) and [Purdue University Global](#) for joining the Dissemination Team. They have made a commitment to supporting their students in sharing the scholarly practice work of their DNP graduates. Their investment provides a \$5 discount for all students that upload their completed projects to the DNP Repository.

### *DNP Repository Featured Scholars*

The contributions and posting of doctoral projects in the DNP repository continue to reflect the skills and talents of DNP prepared colleagues. Here's a sample of what can be found in the [DNP Doctoral Project Repository](#):

[Customer Service-Nurse Rounding: An Evidence-Based Quality Improvement Project](#), by Ferlinda L. Powers, DNP, MSN/Ed, CCRN-K, a graduate of Chamberlain College of Nursing.

[Multidisciplinary Interventions to Decrease Diabetes Prevalence](#), by Nisha S. Prince-Mattathil, DNP, RN, a graduate of Bradley University.

[Breast Cancer Screening Protocol for Health Care Providers](#), by Marta Sales, DNP, FNP-C, a graduate of Touro University Nevada.

**The Doctoral Project Repository is an archive of curated documents. This archive is not peer-reviewed and does not replace or presume any publication effort. Each listing is owned by the individual that uploads the completed academic scholarly practice project. This service allows you to share ideas and work products into both the scholarly and consumer communities.**

Is your doctoral project in the repository? Are colleagues and graduates of your university listed? [Click here](#) to learn more and to upload your project.



# CONVERSATIONS OVERHEARD IN THE DNP ONLINE COMMUNITY

[Is it Apathy of Lack of Understanding for the DNP Degree?](#) By Cindy Sneller in the DNP Professional Growth Forum.

[Professional Image and the DNP](#) By Susan Janicke in the DNP Practice Issues Forum.

[California to vote on eliminating 6 months of physician supervised prescribing,](#) By Kara Mixon in the DNP and Policy / Legislation Forum.

[Explaining the DNP? Has anyone conquered this monster?](#) By Cheryl Patrice Harris in the DNP Practice Issues Forum.

[The DNP may see you now... "I would rather see a physician"](#) By Francesca Walters in the DNP Practice Issues Forum.

[Recruitment for DNP Competency Study](#) by Tracey Chan in the Blogs.

Colleagues Searching for DNP Practicum Sites:

If you are able to assist colleagues in their educational efforts, please do!

[Jo Ann Marie McDougald](#) is in the Virginia Beach, VA area.

[Marsha Powell-Williams](#) is in the New York area with an interest in Home Health.

[Marquette Leach](#) is a DNP student at Duquesne in Philadelphia.

### DNP Groups of Interest: (the latest activity in the Online Community)

[DNPs of Color-DOCs](#)

[Executive Leader DNP](#)

[Executive Leadership DNP](#)

[Clinical Nurse Specialists who are DNP's](#)

### Events of Interest to DNP Students and Graduates

[American Holistic Nurses Association, 39<sup>th</sup> Annual Conference](#), June 2-7, 2019

[Association of Women's Health, Obstetrics and Neonatal Nurses](#), June 8-12, 2019

[International Conference on Pediatric Healthcare](#), June 12-13, 2019

[Nursing Informatics Boot Camp](#), June 12-13, 2019

[American Association of Nurse Practitioners National Conference](#), June 18-23, 2019

[American Medical Informatics Association, 2019: Informatics Educators Forum](#),

June 18-20, 2019

[Cancer Nurses Society of Australia 22<sup>nd</sup> Annual Congress](#), June 20-22, 2019

[Nursing Informatics Boot Camp](#), June 21-22, 2019

[Wound Ostomy and Continence Nurses Society](#), June 23-26, 2019

[International Council of Nurses Congress 2019: Singapore](#), June 27-July 1, 2019

[AACN: Innovation: A Journey Through Art and Creativity](#), July 21-24, 2019

[International Academy of Nursing Editors 2019 National Conference](#), July 30-

August 1, 2019

If you know of an event that supports the growth and development of nursing colleagues, please post it to the EVENTS page. It's free, and reaches thousands every month. Click the ADD button on [this page](#) to post an event.

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## MAY 2019 DNP, INC SURVEY RESULTS

The May 2019 Survey explored Essential VI regarding interprofessional collaboration. What are your thoughts on these findings? Do you agree with our peers?

Question 1: Essential VI addresses interprofessional collaboration to improve patient and population health outcomes. As a result of your DNP education, has the caliber of interprofessional collaboration improved in your experience?

62% very much to absolutely, 38% somewhat to not at all

Question 2: Do you believe you are better prepared to contribute as an effective team leader?

85% very much to absolutely, 15% somewhat to not at all

Question 3: After your graduation, have you implemented a practice model change in your work environment?

54% very much to absolutely, 46% somewhat to not at all

Question 4: Have you led an interprofessional team in the analysis of complex practice that addresses issues in your organization?

46% very much to absolutely, 54% somewhat to not at all

Question 5: Have you served as a consultant or leader with an interprofessional team to create change in health care delivery?

62% very much to absolutely, 38% somewhat to not at all

Do these findings reflect your experience and point of view?

Click [HERE](#) to take the June 2019 Survey



# ORGANIZATIONAL UPDATE

Inch-by-inch is a cinch. Yard-by-yard is really hard. These words come to mind as we work with colleagues and volunteers to grow the Doctors of Nursing Practice, Inc. organization. There are several programs (or projects) within the organization that we continue to build and lay the foundation for future growth. We know that these projects and programs will never be complete as there is always room for content, improved processes, and the involvement of colleagues. Here's a list of programs and projects.

[Annual National DNP Conference](#)

[Repository of Scholarly Practice Projects](#)

[Dissemination Team to promote DNP scholarly and practice](#)

[DNP University Program Listing](#)

[OUTCOMES Monthly electronic newsletter](#)

[DNP Inc. Foundation: Grants and Scholarships to expand and implement projects](#)

[Valuable Links](#)

[Faculty Information](#)

[Continuing Education \(in development\)](#)

[DNP Online Community](#)

Do you want to be involved? Please contact us to share your interests. Progress is made with the support of many talented and energetic people. Join in the process and share your expertise to help others.

## Useful Links

[DNP PROGRAM LIST](#)

[FACULTY  
RESOURCES](#)

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[VALUABLE LINKS](#)

[CAREER LISTINGS](#)

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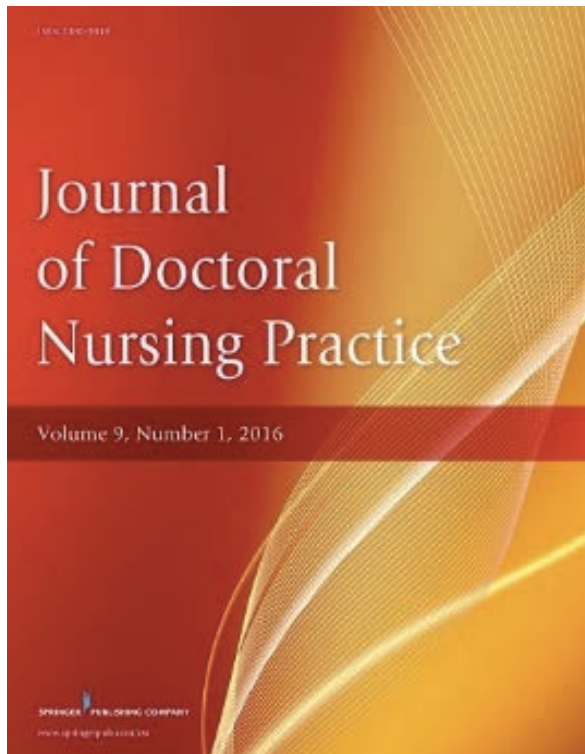
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## A Natural Collaboration: An Extra Benefit to YOU



We are proud of the affiliation and mutually supportive efforts between the *Journal of Doctoral Nursing Practice* and **Doctors of Nursing Practice, Inc.** Both the journal and this non-profit service organization have mutual goals of supporting the growth and development of doctoral prepared nurses to improve healthcare outcomes.

*Journal of Doctoral Nursing Practice* is a biannual, peer-reviewed publication focused on presenting articles that demonstrate clinical excellence in the application of evidence-based practice of doctoral nursing. Articles submitted for consideration discuss clinical practice and patient care; case studies; practice issues, including management, scope of practice, and reimbursement; ethical dilemmas, legal issues, and business practices; and innovative methods of teaching and evaluating advanced practice and profiling the scholarly nature of the clinical practice of nursing.

The mission of *Journal of Doctoral Nursing Practice* is to support the advancement of the doctoral practice of nursing.

The editor of this journal, Dr. Stephen Ferrara, along with Springer Publishing Company has agreed to share a link to one of the published articles. This is a FREE article exclusively for members of **Doctors of Nursing Practice, Inc.**

This month's FREE article from the *Journal of Doctoral Nursing Practice* is:

[Grieving the Loss-of-Self: Challenges in Type 2 Diabetes Mellitus Self-Management](https://connect.springerpub.com/content/sgrjndp/11/1/25)  
(<https://connect.springerpub.com/content/sgrjndp/11/1/25>)

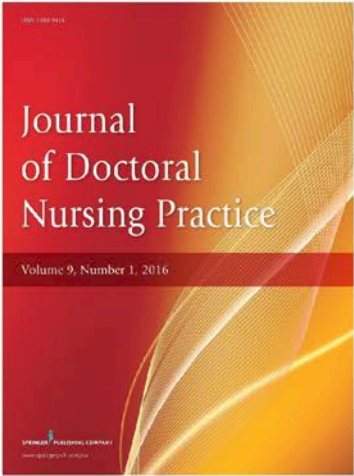
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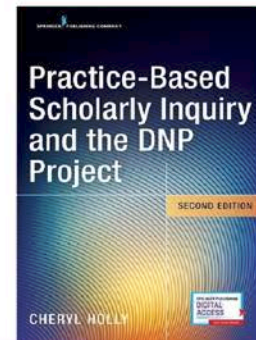
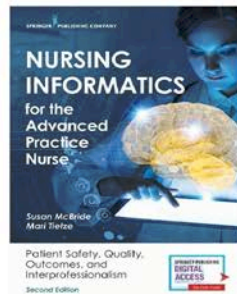
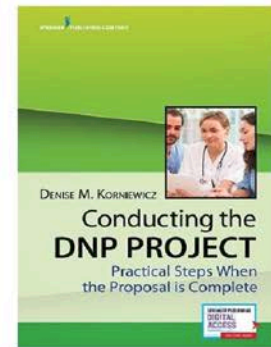
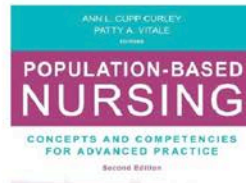
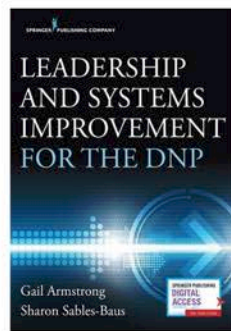
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