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THE E-NEWSLETTER OF
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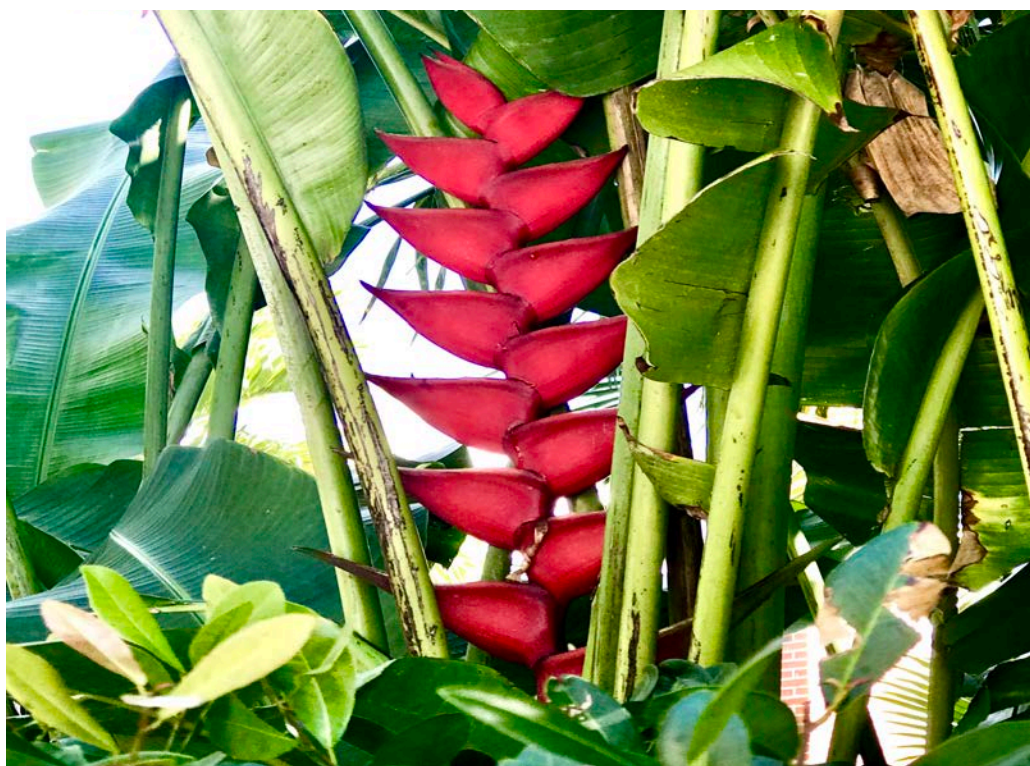
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A Natural Collaboration

Editor

David G. Campbell-O'Dell
DNP, ARNP, FNP-BC, FAANP



2019 12th National Conference Washington, DC

**2019 Twelfth National
Doctors of Nursing Practice Conference:
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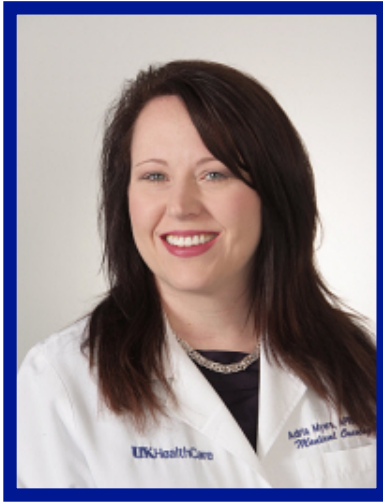
**Contributions of the
DNP Prepared Nurse:
Policy Influencing Outcomes**

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A De-escalation Protocol for Opioid Use Among Select Oncology Patients



Adria Myers, DNP Student
Eastern Kentucky University

According to the American Cancer Society and the National Cancer Institute, cancer survivorship begins the day an individual is diagnosed through the remainder of their life. It is projected that between 2016 and 2026, cancer survivors will grow to exceed 20 million in number (Miller, 2016). Oncology survivors represent a disregarded cohort with opioid misuse and addiction potential often compounded by narcotic pain relief necessitated by treatment. In my opinion, opioid de-escalation is an overlooked problem. In the spirit of *DNP Essentials III Clinical Scholarship and Analytical Methods for Evidence-Based Practice* my goal is to integrate current knowledge and narcotic practice guidelines into developing a narcotic de-escalation protocol for oncology patients who achieve cure or otherwise appropriate candidates.

Opioid misuse, addiction, and overdose related deaths capture national attention almost daily. Despite recent data indicating less prescriptions being written for acute pain, there is no indication opioid use is declining (Centers for Disease Control and Prevention, 2018). A recent literature search revealed a plethora of narcotic guidelines addressing acute or chronic non-malignant protocols. However, no guidelines were found for dose reducing in oncology patients. The ability to answer this

clinical question can be attributed to my progressing DNP education. My classes broadened my data mining skills and instilled skill sets required to analyze research data. These essential building blocks, as reflective in the *DNP Essentials*, providing a platform for my current and future clinical endeavors.

Transitioning from an MSN prepared nurse practitioner to a DNP prepared provider necessitates a “blinders off” visual perspective, thereby, preparing us to recognize all aspects that encompasses a health-related problem. For example, the exponential growth of opioid misuse and overdose deaths directs concern to the associated societal costs. Florence, Zhou, Luo, and Xu (2016), evaluated the economic burden of prescription opioid misuse by analyzing data from overdose deaths, lost wages, criminal related costs, and health care costs, including related substance abuse treatment costs. The authors determined the overall societal economic burden of opioid misuse at approximately \$78.5 billion for 2013. Of this \$78 billion, \$28.9 billion was allocated for substance abuse treatment. Yet a gap remains with limited if any information on my population of interest.

In summary, no single policy or singular effort targeting the opioid crisis will be enough. I believe most nurses most nurses innately discern healthcare related problems needing attention but often shy away from quality improvement or policy development. I attribute this to QI process knowledge deficit, lack of experience in evidence-based-practice, or simply fear of the unknown. By focusing on the *DNP Essentials* for leadership growth and partnering with diverse nursing work forces, national health epidemics such as opioid abuse and addiction may finally see a declining trend. My goal is to contribute to this effort by channeling my energies on evidence and best practice efforts for my cancer patients who may be appropriately weaned from opioids.

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Caring for Self, Caring for All



Kathleen Sitzman
PhD, RN, CNE, ANEF, FAAN

There is a FREE and OPEN online Caring Sciences web site that offers courses and training to help participants learn ways to convey and sustain caring for self and other. These services are available online and face-to-face if desired.

Our colleague, **Kathleen Sitzman**, PhD, RN, CNE, ANEF, FAAN is the creator of this service. The courses are based on Jean Watson's Human Caring Theory in nursing. So far 4,000 people from all over the world have registered for these courses and training. Most of the participants are nurses, yet there is a vast array of professionals outside of healthcare that complete the training. An increased focus on caring in the workplace transcends disciplinary boundaries.

People who compete the courses and trainings receive a certificate of completion. If you are interested in learning more about what it means to care about yourself, colleagues, and others at work, please join this global caring community of like-minded people.

Visit CaringScienceMindfulPractice.com today!

The Future of Nursing 2020-2030

A Consensus Study from the National Academy of Medicine



Town Hall Meetings are scheduled for Friday, June 7, 2019; Wednesday, July 24, 2019, and Wednesday, August 7, 2019.

Click [HERE](#) for more information and to register to attend in person or via Webinar. It's free and open to all interested.

2019 DNP Conference Featured Speakers



Andrea Brassard, PhD, FNP
2019 Plenary Speaker
Senior Strategic Policy Advisor
American Association of Retired Persons



Dr. Andrea Brassard returned from the American Nurses Association to the Center to Champion Nursing in America, an initiative of the AARP Foundation, AARP, and the Robert Wood Johnson Foundation to improve America’s health through nursing. Andrea is a senior adviser on strategic policy for the Future of Nursing: Campaign for Action, a national initiative of those same organizations to transform health care through nursing and build healthier communities for everyone in America. At the American Nurses Association, Andrea was director of health policy. She was formerly full-time faculty at the School of Nursing at the George Washington University and continues as an adjunct professor. A nationally certified family nurse practitioner, she is past president of the Nurse Practitioner Association of the District of Columbia and occasionally practices at a retail health clinic system on weekends. Andrea received PhD and MPH degrees from Columbia University, where she was a funded public policy fellow.



Suzanne Miyamoto, PhD, RN
2019 Keynote Speaker
Chief Executive Officer
American Academy of Nursing



Dr. Miyamoto is a 2014 Robert Wood Johnson Foundation Executive Nurse Fellow and has been an adjunct assistant professor at Georgetown University, School of Nursing and Health Studies as well as at the University of Maryland, School of Nursing and lecturer at Johns Hopkins University, School of Nursing. Additionally, she is a member of the Editorial Board for the journal Policy, Politics & Nursing Practice. Previously, she held policy positions at the state and federal level with the National Institutes of Health, the State Commission on Patient Safety for the Michigan Health and Safety Coalition, and former United States Congressman Joseph Knollenberg.

Dr. Miyamoto received her Bachelor of Science in Nursing, Bachelor of Arts in Psychology, Master of Science in Nursing, and Doctorate of Philosophy in Nursing from the University of Michigan, Ann Arbor. Inducted as a fellow of the Academy in 2015, she is also a member of Sigma Theta Tau International, Women in Government Relations, Academy Health, the American Organization of Nurse Executives, and the American Nurses Association.



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Proud to Highlight!

MedStar Washington Hospital Center has created a Doctoral Nurses Collaborative to provide a network to support growth and development of nursing evidence-based practice, research, scholarship and advanced clinical practice.

This is a great opportunity. We look forward to hearing great thing from this collaborative.

[CLICK HERE](#) for more information.



Career Listings

Pace University College of Health Professions

Pace University College of Health Professions

2019 Full-time Graduate Nursing Faculty Positions

Georgia Southern University

Psychiatric Mental Health Nurse Practitioner

(Assistant Professor of Nursing)

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- Adult-Gerontology Primary Care Nurse Practitioner
- Family Nurse Practitioner
- Neonatal Nurse Practitioner
- Nurse Anesthesia
- Pediatric Acute Care Nurse Practitioner
- Pediatric Primary Care Nurse Practitioner
- Psychiatric Mental Health Nurse Practitioner – Family



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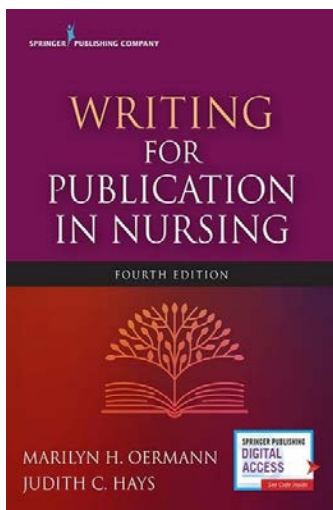
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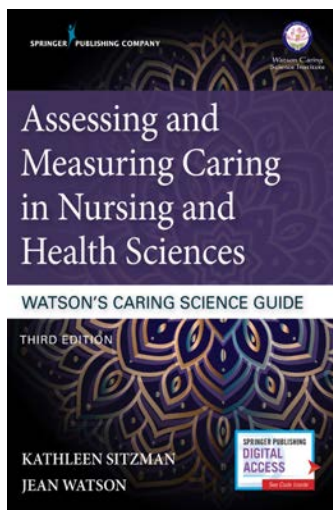
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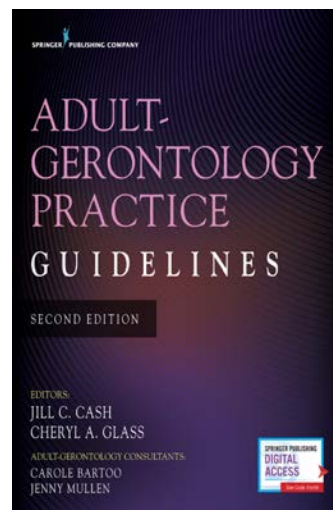
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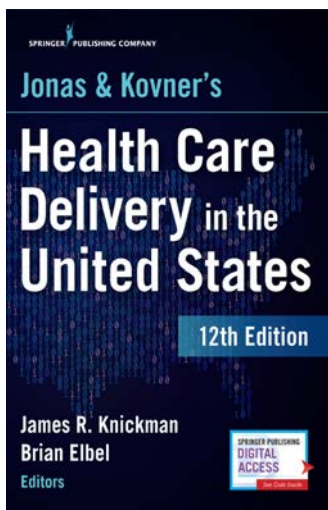
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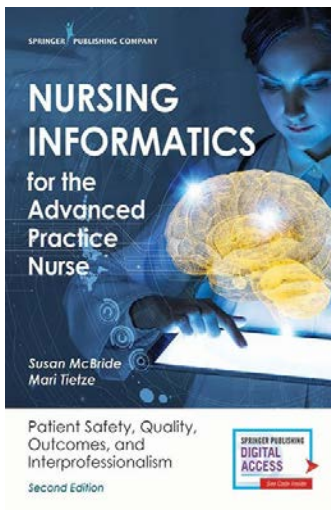
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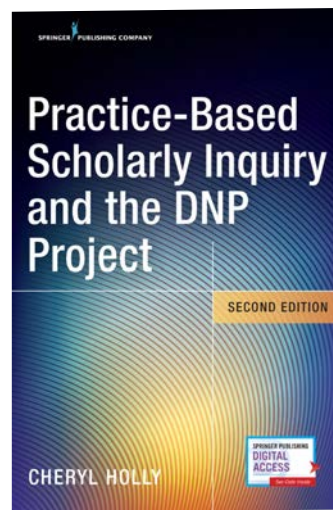
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- *One time charge per student listing of \$30 to defray cost of repository development and maintenance.*



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DNP, INC. REPOSITORY FEATURED PROJECTS

DOCTORAL PROJECT REPOSITORY

Project Submission



Project Repository



Dissemination Team Information

Welcome [San Jose State University](#) and [Purdue University Global](#) for joining the Dissemination Team. They have made a commitment to supporting their students in sharing the scholarly practice work of their DNP graduates. Their investment provides a \$5 discount for all students that upload their completed projects to the DNP Repository.

DNP Repository Featured Scholars

The contributions and posting of doctoral projects in the DNP repository continue to reflect the skills and talents of DNP prepared colleagues. Here's a sample of what can be found in the [DNP Doctoral Project Repository](#):

[Implementation of an Evidence Based Early Sepsis Recognition and Treatment Protocol in the Emergency Department and Critical Care](#), by Patricia W. Poole, DNP, APRN-BC, ACNPC, CCRN, a graduate of the University of Alabama Huntsville.

[Improving Nurse Preceptor Skills Utilizing the One Minute Preceptor](#), by Jennifer L Ritter, DNP, MSN/Ed, RN, CMSRN, a graduate of Chamberlain College of Nursing.

[Prevention of Central Line Associated Blood Stream Infection in the Neonatal Intensive Care Unit: A Quality Improvement Project](#), by Maria Lourdes Rodriguez, DNP, APRN, a graduate of Touro University Nevada.

The Doctoral Project Repository is an archive of curated documents. This archive is not peer-reviewed and does not replace or presume any publication effort. Each listing is owned by the individual that uploads the completed academic scholarly practice project. This service allows you to share ideas and work products into both the scholarly and consumer communities.

Is your doctoral project in the repository? Are colleagues and graduates of your university listed? [Click here](#) to learn more and to upload your project.



CONVERSATIONS OVERHEARD IN THE DNP ONLINE COMMUNITY

Colleagues Searching for DNP Practicum Sites:

If you are able to assist colleagues in their educational efforts, please do!

[Jo Ann Marie McDougald](#) is in the Virginia Beach, VA area.

[Marsha Powell-Williams](#) is in the New York area with an interest in Home Health.

[Marquette Leach](#) is a DNP student at Duquesne in Philadelphia.

[Archiebald Croux](#) is a DNP student at Chamberlain University.

[Recruitment for DNP Competency Study](#) By Tracey Chan, a PhD student at Duquesne University. If you qualify to participate in this Delphi study, please support this colleague in her important work.

[Our Trajectory, Our Heritage, Our Legacy](#) By the editors of OUTCOMES, three articles reflecting on the origins and dynamics of inter disciplinary work to move forward collectively.

DNP Groups of Interest: (the latest activity in the Online Community)

[Texas DNP Network](#)

[New England Organization of Doctors of Nursing Practice](#)

[Michigan DNPs](#)

[California Organization of Doctors of Nursing Practice](#)

Events of Interest to DNP Students and Graduates

[American Society of PeriAnesthesia Nurses](#), May 5-9, 2019

[American Academy of Ambulatory Care Nursing 44th Annual Conference](#), May 8-11, 2019

[Nursing Informatics Boot Camp](#), May 9-10, 2019

[Nursing Informatics Boot Camp](#), May 14-15, 2019

[64th ACNM Annual Meeting](#), May 18-22, 2019

[Texas DNP Inaugural Conference: Building New Bridges](#), May 18, 2019

[National Teaching Institute & Critical Care Exposition](#), May 19-23, 2019

[International Organization of Multiple Sclerosis Nurses Consortium](#), May 28-June 1, 2019

[International Society of Psychiatric-Mental Health Nurses \(ISPN\)](#), May 29-June 1, 2019

[40th Annual International Association for Human Caring Conference](#), May 30-June 2, 2019

[American Holistic Nurses Association, 39th Annual Conference](#), June 2-7, 2019

[Association of Women's Health, Obstetrics and Neonatal Nurses](#), June 8-12, 2019

[International Conference on Pediatric Healthcare](#), June 12-13, 2019

[Nursing Informatics Boot Camp](#), June 12-13, 2019

[American Association of Nurse Practitioners National Conference](#), June 18-23, 2019

[American Medical Informatics Association, 2019: Informatics Educators Forum](#), June 18-20, 2019

[Cancer Nurses Society of Australia 22nd Annual Congress](#), June 20-22, 2019

[Nursing Informatics Boot Camp](#), June 21-22, 2019

[Wound Ostomy and Continence Nurses Society](#), June 23-26, 2019

[International Council of Nurses Congress 2019: Singapore](#), June 27-July 1, 2019

If you know of an event that supports the growth and development of nursing colleagues, please post it to the EVENTS page. It's free, and reaches thousands every month. Click the ADD button on [this page](#) to post an event.

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APRIL 2019 DNP, INC SURVEY RESULTS

The April 2019 Survey explored Essential V regarding policy and advocacy. What are your thoughts on these findings? Do you agree with our peers?

Question 1: Essential V addresses health care policy for advocacy in healthcare. Engagement in the process of policy development is central to creating a health care system that meets the needs of its constituents. As a result of your DNP education, are you now involved in some form of policy development to improve healthcare outcomes?

42% very much to absolutely, 58% somewhat to not at all

Question 2: Are you currently involved in a policy development initiative at any level (unit, system, local, regional, national or international)?

37% very much to absolutely, 63% somewhat to not at all

Question 3: Were you involved in policy development or implementation while a DNP student?

26% very much to absolutely, 74% somewhat to not at all

Question 4: Did your program require a demonstration of policy development as a part of your doctoral project?

26% very much to absolutely, 74% somewhat to not at all

Question 5: If you could recommend more emphasis on policy development and implementation in your DNP program, would you?

53% very much to absolutely, 47% somewhat to not at all

Do these findings reflect your experience and point of view?

Click [HERE](#) to take the May 2019 Survey



ORGANIZATIONAL UPDATE

The plenary speakers for the 12th National Doctors of Nursing Practice Conference are all confirmed and all breakout, mini podium, and poster presenters have been invited to be a part of this event. The willingness to share expertise to promote and enhance nursing practice is tremendous. Thank you to all that have been a part of this process, including conference planners, abstract reviewers, and volunteers.

We have had numerous colleagues upload their scholarly practice projects to the DNP Repository. It's great to see the sharing of talent and expertise.

Check out the additional features and services offered by DNP Inc. including a list of conferences, events, blog posts, and group activities that support individual and collective professional growth.

Other services to enhance and promote the development of the DNP prepared nurse include:

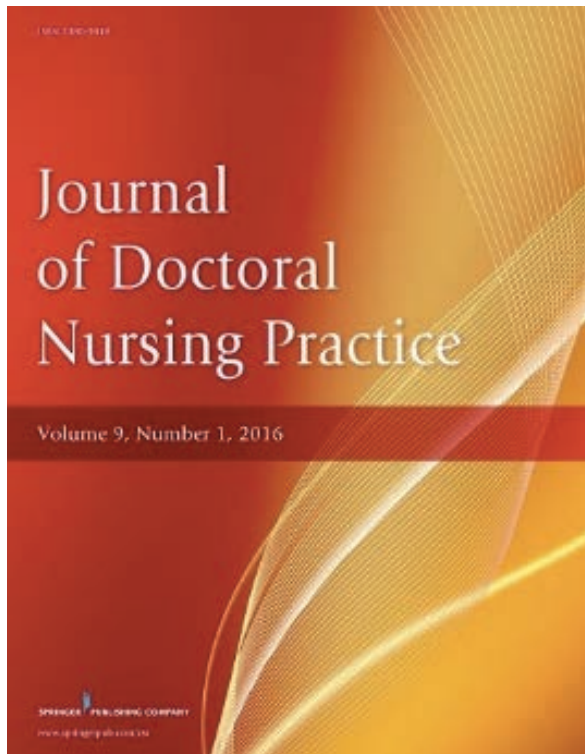
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Journal of Doctoral Nursing Practice is a biannual, peer-reviewed publication focused on presenting articles that demonstrate clinical excellence in the application of evidence-based practice of doctoral nursing. Articles submitted for consideration discuss clinical practice and patient care; case studies; practice issues, including management, scope of practice, and reimbursement; ethical dilemmas, legal issues, and business practices; and innovative methods of teaching and evaluating advanced practice and profiling the scholarly nature of the clinical practice of nursing.

The mission of *Journal of Doctoral Nursing Practice* is to support the advancement of the doctoral practice of nursing.

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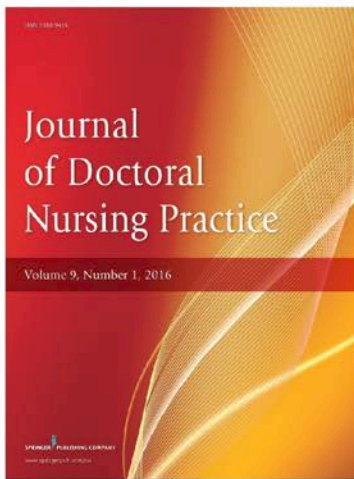
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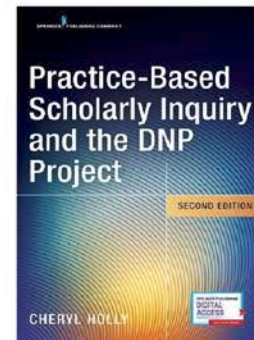
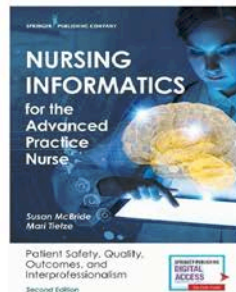
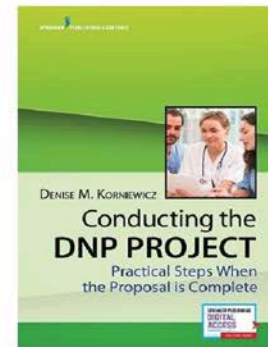
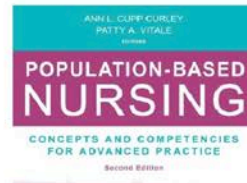
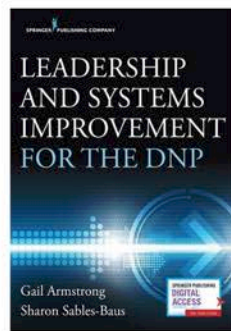
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