

OUTCOMES

Welcome to the inaugural issue of
OUTCOMES

The e-Newsletter of Doctors of Nursing Practice, Inc.



“OUTCOMES” is a monthly newsletter for and about health care professionals that improve health outcomes. The target readership includes students, graduates, faculty and others interested in the growth and development of the terminal practice degree in nursing.

Our Mission

The mission of Doctors of Nursing Practice, Inc. is to improve health care outcomes by promoting and enhancing the doctoral prepared nursing professional.

NOVEMBER 2015

In this issue:



Get to know
OUTCOMES

2



A DNP Student's
Success Story

2



A Successful Initiative:
Old Dominion University

3



Missouri FNP
Organization

5

*Online Community, Practice Innovation,
Professional Growth*

Doctors of Nursing Practice, Inc.

1200 4th Street, Suite 232

Key West, FL 33040

888.651.9160

Interim Editor

David G. Campbell-O'Dell

Get to know *OUTCOMES*

Welcome to Volume 1 Number 1 issue of *OUTCOMES*: An e-Newsletter for and about improving health care outcomes by the doctoral prepared nursing professional. Though most may believe this e-Newsletter is all about the DNP prepared nurse, we also recognize that health outcomes are not activities unique to this group of nurses. Both intra and interdisciplinary work is critical to achieve and appreciate improved outcomes.

The intent of this monthly e-Newsletter publication is two-fold. The first goal is to share information for and about those that are working as doctoral prepared nurses to improve outcomes in a variety of venues. As outcomes can be seen in a broad spectrum of activities, we anticipate health care outcomes and appreciate that this may be seen in the form of policy initiatives, system or practice change, or even evolutionary changes in academia. Therefore this first intent is to recognize the wide variety of participants involved in improving outcomes involving those with an interest in the practice doctorate in nursing.



*Want to be part of
this
e-Newsletter?*

*Visit the DNP Inc.
[Website](#) for
submission
requirements*

Continued on page 4

A DNP Student's Success Story



Cheryl Harris DNP, FNP

In this inaugural issue of *OUTCOMES* we share a story of a DNP student that overcame many challenges in order to improve practice while facing hurdles and obstacles. Dr. Cheryl Harris is a dedicated family nurse practitioner working in the Chicago area. At the time of her project as a student she was working with a medical group that focused on the needs of patients with HIV disease. She saw a need to capture information about depression in this patient population and after doing so, proposed that implementing the use of a clinical algorithm for depression screening by the primary care provider would improve the depression diagnosis rate of this patient population.

Continued on page 6

In the inaugural issue of OUTCOMES, an e-newsletter by Doctors of Nursing Practice, Inc. we are proud to highlight one institution that has added to and enhanced the caliber of nursing through their efforts. Carolyn Rutledge at Old Dominion has been a strong supporter of the DNP degree and has helped to transform nursing professionals into leaders as a result of her program. Please see more about the work of this university below:

Old Dominion University's DNP Program: Creating Visionaries and Change Agents

[Old Dominion University](#) (ODU) started its hybrid DNP program in 2009 with the vision of preparing advanced practice nurses and nurse executives with the knowledge and skills to truly address the healthcare crisis. In order to do this, it was imperative that we develop a program that embraced the AACN DNP Essentials (2006) with "out-of-the-box" thinking. We realize that our graduates must complete the program with a deep understanding of who they are, what they believe, and how they can make a difference. Our role is to help them discover their passion and then equip them with the tools needed to serve as advocates and change agents. In order to realize this vision, we provide a number of unique program offerings. Many of these topics are introduced during the weekend that students are on campus each semester. The first program focuses on the *imposter syndrome*, a belief that you are not "good enough". Through this program, the students understand that others feel the same way and then develop strategies for overcoming their feelings of being an imposter. Over the following semester, the students develop their own *personal strategic plan* for impacting healthcare. This is based on an understanding of their roles, their values, and their desired legacy. This course has been a powerful tool for helping student identify and pursue their passions. Students have the opportunity to truly embrace their *behavioral profiles* and *emotional intelligence* through a weekend workshop with students from other professions. The students work as leaders of their profession as they participate on inter-professional teams to develop a safety net clinic. Students leave this workshop with a deep understanding of their role as a leader. Throughout the program, the students participate in *telehealth experiences* and *technology driven collaboration*. This gives them the skills to navigate and advocate for innovative technologies in healthcare. The DNP Nurse Executive and APN students often work together on projects that allow them to obtain a deeper understanding of the issues they encounter in their specific roles.

Carolyn Rutledge,
PhD, FNP-BC



From the beginning of the DNP program, we have had the students conduct practice-based research that is reviewed by the university *IRB*. As they conceptualize their research, they develop a proposal using a modified *grant proposal* format. As a result, many of the graduates have gone on to seek funding to further their research. The final semester of the program is focused on learning to advocate through policy initiatives, publications, presentations, and speaking engagements. This semester has been referred to as "the icing on the cake" as it prepares them to leave the program feeling empowered. As a result of this DNP program, graduates are now assuming positions in the government, as owners of their own practices, as Robert Wood Johnson Fellows, at NIH, in education, and as change agents in clinical practice and healthcare administration. Our graduates are showing that they can truly be an answer to the healthcare crisis.

Get to know *OUTCOMES* (Continued)

The second goal of this publication is to highlight the changes that take place as a result of individual, group, and collaborative practice to improve outcomes. This again offers a wide range of opportunities addressing specific populations, regions, systems, disease processes, etc. As all in health care delivery are involved in efforts to improve outcomes, the recipients of these efforts are the secondary group to highlight by the coordinated efforts of the providers being highlighted.

Departments in *OUTCOMES*, the Monthly e-Newsletter of Doctors of Nursing Practice, Inc. include (but are certainly not limited to) the following plans:

- An editorial opening article (such as this one)
- Individual success stories of doctoral prepared colleagues describing their unique work and contribution to improving outcomes
- Recognition of success seen in systems, regions, schools or any organization as a result of the collaborative work of the doctoral prepared nurse professional
- Regional, state, national and/or international news that affects the work of the nursing professional dedicated to improving outcomes, and finally
- Specific offerings addressing the foundations of doctor of nursing practice education and practice. These articles are intended to offer insights and point to trends in the following categories:
 - Scientific Underpinnings
 - Systems Leadership
 - Evidence-based practice methods of integration
 - Information technology
 - Policy
 - Collaboration
 - Health Promotion, and
 - Advanced Practice

We believe that this e-Newsletter will become a vehicle for all interested in sharing information about *OUTCOMES*. Everyone is welcomed to submit articles or ideas in the above general categories of content. If interested please submit your thoughts to info@DoctorsOfNursingPractice.org.

ADVERTISE IN *OUTCOMES*



DNP CONFERENCE
GOLD SPONSOR
2014, 2015



University of Alabama
Capstone School of Nursing

DNP CONFERENCE
GOLD SPONSOR
2015

For
advertising
rates and
information
visit the DNP
Inc. [Website](#)



The Association of Missouri Nurse Practitioner's (AMNP) organization is working to improve outcomes and enhance the role and contributions of nurse practitioners. They were incorporated in June 2015 and have gained traction and purpose very quickly. The goal is to assist in providing access to safe, effective, patient-centered, timely, efficient, equitable, quality, and cost-effective health care to patients. The AMNP is a proud member of the American Academy of Nurse Practitioners and looks forward to working collaboratively with other nursing organizations to promote the future practice of advanced practice nurses.

Services provided by AMNP include an advocacy, scholarships, conference planning, and membership. Continuing education classes are planned across the state of Missouri to include basic suturing, EKG interpretation, and joint injections. The first conference will take place March 4, 2016 in Columbia, Missouri. Multiple Meet & Greet and quarterly meetings across the state of MO are taking place to enhance and support MO APRNs.

It's great to see that in such a short amount of time, AMNP is working with the state board of nursing on the compact licensure and workplace surveys and an APRN petition; working with legislators at the capitol during the veto session for the right for APRNs to sign death certificates. The MO Primary Care Association for Rural Health and other organizations across Missouri has asked AMNP to present presentations on the "Future of the Missouri APRN". These are examples of coalitions developed with the major stakeholders across Missouri.

The legislative agenda for 2016 is in place and excitement is growing regarding the work with legislators and the board of nursing to improve access to care and decrease restrictions for Missouri APRNs. Check them out at [this Facebook page](#) to stay up to date on all activities

For more information, please don't hesitate to go to the Missouri Nurse Practitioner [website](#). You can also [join a webinar](#) interview by the nationally acclaimed, Barbara Phillips, FNP-C, FAANP, and the president of AMNP, Shanna Chapman, DNP, FNP-C.

Please contact the leaders of AMNP with any questions or comments.

Shanna Chapman, DNP, FNP-C, APRN
Association of Missouri Nurse Practitioners,
President



*Shanna Chapman,
DNP, FNP-C, APRN*
Association of Missouri
Nurse Practitioners,
President



*Lila Pennington,
DNP, APRN, FNP/GNP-
BC*
Association of Missouri
Nurse Practitioners,
Vice-President

A DNP Student's Success Story (continued)

Some of her challenges included lack of cooperation and provider buy-in by one of the main primary care providers, technical difficulties activating the selected depression screening tool in the clinic's electronic medical record, difficulty obtaining accurate depression screening rates of the clinic's primary care providers, and delayed implementation start date (which resulted in a decreased project time frame).

By maintaining the momentum of the clinic's providers, she overcame these challenges and demonstrated a change in practice by increasing the depression-screening rate from 4.5% to an astounding 52% during a five-week study implementation period. Her effort, though limited by time and administrative stakeholders, still made a tremendous and quantifiable improvement to her patients.

Dr. Harris has moved on to other venues that make the most of her talents. She is now working in the home health field in management of chronic conditions in the geriatric population. Her experiences from her DNP student work are now being applied to this new venue and projects are being planned that will improve processes and outcomes.

It's a pleasure to see the work of colleagues that make a difference in practice that improve outcomes.

Have you completed a project that can demonstrate improved outcomes? Would you like to be highlighted in future issues of OUTCOMES, the e-newsletter of Doctors of Nursing Practice, Inc.? If so, please send us your story in a one-page, single-spaced, 12 font article sharing your experiences that reflect your work.

Visit the DNP Inc. [WEBSITE](#) for the latest information!

